**Activity 2: Waterlow score answers**

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| **Factor** | **Score** |
| Sex and gender: Male | 1 |
| Age: 65 | 3 |
| BMI: 19 – Below average | 3 |
| Continence: Doubly incontinent | 3 |
| Skin type: Broken (established ulcer) | 3 |
| Mobility: Bedbound | 4 |
| Had patient lost weight recently? | Yes |
| Weight loss score: 10 – 15 kg | 3 |
| Patient eating poorly or lack of appetite: Yes | 1 |
| Special risk scores | Not applicable |
| **Total score:** | **21 – very high risk** |