**Activity 2: Braden scale answers**

**Task 1:**

|  |  |
| --- | --- |
| **Factor** | **Score** |
| Sensory perception | 3 |
| Moisture | 2 |
| Activity | 1 |
| Mobility | 2 |
| Nutrition | 1 |
| Friction and shear | 1 |
| **Total score:** | **10 – high risk** |

**Task 2:**

|  |  |
| --- | --- |
| **Sensory perception** | Pain receptors/sensations alert a person to a potential pre-category EPUAP pressure injury. |
| **Moisture** | Degrades/breaks down or softens skin – sweat/urine.  Urine can introduce bacteria in a category 1–4 pressure injury. |
| **Activity** | Confined to bed. Lack of movement increases risk of continuous weight on common pressure sites and subsequent blood flow to skin cells. |
| **Mobility** | Unable to reposition independently and shift weight from one pressure point to another. |
| **Nutrition** | Less fat to cushion bone to skin on pressure points.  Poor nutrition and inadequate nutrients for the healing process. |
| **Friction and shear** | No independent movement. Maximum assistance needed. May result in friction/sheer when moved. |