**Activity 1: Repositioning equipment**

**Task 1:** **Understanding repositioning equipment**

Watch the Skin integrity; Introduction to repositioning equipment video: <https://vimeo.com/1105132120>.   
Note down your ideas in the table below regarding why each piece of equipment is used.

|  |  |
| --- | --- |
| **Equipment** | **Why is it used?** |
| Adjustable hospital bed |  |
| Crutches |  |
| Sling |  |
| Slide sheets |  |
| Transfer or banana board |  |
| Mobile hoist |  |
| Transfer belt |  |
| Wheelchair |  |

**Task 2: Using repositioning equipment**

Answer the questions.

1. Name two repositioning techniques used to relieve pressure on joints.
2. What are the key safety steps when transferring a patient into bed from a wheelchair?
3. Why is good communication essential when using repositioning equipment?
4. Why is a risk assessment needed before using repositioning equipment?
5. What should be checked before using a mobile hoist?

**Task 3:** **Pressure relief equipment**

Make a list of types of pressure-relieving equipment.

**Task 4: Reflection**

1. What was the most surprising thing you learned?
2. Which piece of equipment do you think is most important? Why?