**Activity 4: Case study**

**Case study: Jim**

At age 56, Jim had a stroke.

He is diabetic.

After the stroke, he had a left-sided weakness and was not able to move the limbs on his left side unassisted. Physiotherapy sessions helped him to slowly regain movement.

He had difficulty swallowing.

Watch the [video](https://www.nhs.uk/conditions/stroke/recovery/) where Jim talks about his recovery.

**Your task:**

* Research how having diabetes affects the risk of developing pressure injuries.
* Explain how high Jim’s risks of developing pressure injuries were during his recovery. Explain why.
* Suggest how the risks could be lowered.

Be prepared to share your answers as part of a class discussion.

**Case study: Bhavin**

Bhavin is 71. He was diagnosed with Motor Neuron Disease (MND) three years ago.

His condition has deteriorated, and he is doubly incontinent and has a catheter bag secured around his lower leg. He is unable to move unaided, using a powered wheelchair which supports his head. His Body Mass Index (BMI) is 17.

Bhavin has moved into a nursing home for round the clock specialist care. A hoist is used to move Bhavin into his wheelchair from his bed.

**Your task:**

* Research the symptoms of advanced MND.
* Analyse the impact MND may have on Bhavin’s skin and pressure risk.
* Explain how the risks could be lowered.

Be prepared to share your answers as part of a class discussion.