**Consolidation: Person-centred care plan template**

1. Fill in the person-centred care plan (PCP) for Zara. You will need to imagine that you have talked to Zara at the start of her pathway (diagnosis) and write the answers you expect her to give, based on the information you have about her.

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| **Patient name** | **Healthcare worker name and job title** | **Date completed** |
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| **Individual’s goals** (include information about what the patient hopes to achieve throughout their journey, such as developing strategies to cope with body image changes, returning to work or adjusting their working conditions) | | |
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| **Individual’s preferences** (for example, maintaining independence in personal care and decision-making, and identifying who they wish to be involved in care discussions) | | |
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| **Individual’s values** (for example, valuing being well informed about their condition, placing great importance on being present and emotionally available for their loved ones and highly regarding the ability to make their own decisions about care and treatment) | | |
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| **Any other information** (to include any other vital information and links to legislation) | | |
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2. Explain the outcomes of key points (healthcare needs and approach, people involved and future actions) to Zara in patient-friendly language.

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| **Healthcare/support needs**  (a detailed sequence of specific treatments in the order they are to be administered) | **Healthcare/support approach**  (how and where the treatment will take place and what it involves) | **People and teams involved in care/support**  (the professionals involved and their roles) | **Recommendations and future actions**  (what future support may be needed if the condition deteriorates, for example) | **Review date**  (a timeline of when the treatment is expected to take place and for how long) |
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