**Activity 4: Self-review**

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| **Target** | **Area of self-review (Tick)** | | | | **What do I want to improve?** | **How can I do it?** | **How have I succeeded? (Add dates)** |
| Conduct | CPD | Personal skills | Area of need |  |  |  |
| 1 |  | Tick with solid fill |  | Tick with solid fill | *Example: Improve my knowledge of health and safety management* | *Example: Complete a free online course on the HSE training website (https://solutions.hse.gov.uk).* | *Example: I have signed up for a course called: Building a robust safety culture. 13 March 2026.* |
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