**Activity 4: Barriers to accessing services**

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| **What are geographical barriers?** |
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| **Overcoming geographical barriers** |
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| **What are physical barriers?** |
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| **Overcoming physical barriers** |
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| **What are psychological barriers?** |
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| **Managing and overcoming psychological barriers** |
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| **What are language and communication barriers?** |
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| **Overcoming language and communication barriers** |
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| **What are socio-economic barriers?** |
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| **Overcoming socio-economic barriers** |
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| **What are cultural barriers?** |
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| **Overcoming cultural barriers** |
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